

# Community Health and Wellbeing C4 Team

January 15, 2020



# Meeting Agenda



- Welcome and Introductions
- Process Overview
- Information Review
- Preliminary Strategy Identification

# Ground Rules



- 2019 Strategic Plan is foundation for the work.
- Listen with respect
- Disagree agreeably
- Be: positive, candid, patient, respectful, fully present
- Strive for consensus
- Practice “yes and”
- Have fun!

# Introductions



- Name
- Which of the C4s do you represent?
- One thing you or your organization is doing to further one of these objectives

*Please keep your response to 30 seconds or less!*

# Process Overview



## 2019 Strategic Plan

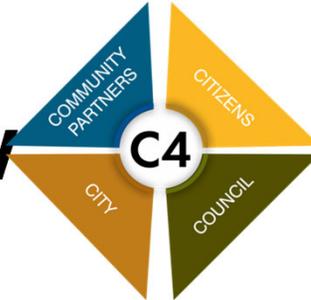
- A vision for the community
- Seven critical success factors, those things that must go well to achieve the vision
- Up to four priority objectives for each critical success factor

## Implementation Plan

- Seven C4 teams to focus on next two to three years
- Strategies, which are initiatives necessary to accomplish objectives
- Action items, which are more specific activities within each strategy
- A timeframe within which the strategies and action items should be achieved
- Who is responsible for achieving the strategies and action steps

# Process Overview

## Plan Format



	City Council	City Administration	Community Partner	Citizen	Time Frame
<b>Objective</b>					
<i>Strategy 1</i>	x	x			Qtr 4: 2020
Action 1:					
Action 2:					
<i>Strategy 2</i>			School District	x	Qtr 3: 2020
Action 1:					
Action 2:					
<i>Strategy 3</i>	x			x	Qtr 3: 2020
Action 1:					
Action 2:					

# Process Overview



**January 15, 2020:** Preliminary Identification of Strategies

**February 19, 2020** Strategy Refinement and Prioritization

**April 15, 2020** Strategy Review and Recommendation

**May 2020:** C4 Teams Review of Plan

**May 2020:** City Council Presentation

# Community Health and Wellbeing

*Support a healthy, happy community by improving health lifestyle choices and opportunities*

## Objectives

- Develop mental health wellbeing
- Develop and support community fitness opportunities
- Foster Lee's Summit unique spirit of community and culture of caring



# Community Health and Wellbeing

- Hoped for achievements:
  - More physical activity
  - Celebrating healthy living with residents living by example
  - Choices to satisfy spiritual, mental and physical needs
  - Awareness of changing norms of and op mental health



# Community Health and Wellbeing

- Strategies identified in Strategic Plan
  - Mental health partnerships
  - Expansion of trail system and fitness opportunities
  - Expanded use of the Health Education Advisory Board



# Community Health and Wellbeing C4 Team Homework

Objective 1: Develop mental health wellbeing

- Increase education and awareness regarding mental health issues, with particular emphasis on community presentations and training
- Continued and new collaboration on existing programs, with City boards and commissions, other community partners, and mental health service providers



# Community Health and Wellbeing C4 Team Homework

Objective 2: Develop and support community fitness opportunities

- Partner to provide additional opportunities
- Provide more indoor and outdoor space for fitness activities
- Encourage fitness through more walking and biking options, including implementation of a complete streets policy

# Community Health and Wellbeing C4 Team Homework

Objective 3: Foster Lee's Summit unique spirit of community and culture of caring

- Opportunities to “give back” to the community
- Encouraging residents to care through events like “Take Time to Be Kind Week,” having a Community of Character event
- Supporting a variety of ways to be holistically healthy, including the arts, reading, volunteerism, education

# Preliminary Strategy Identification

For each objective, answer these two questions:

1. *What should the community continue to do to achieve this objective?*
2. *What new strategies should the community employ to achieve this objective?*

