

**IGNITE! STRATEGIC PLAN
COMMUNITY HEALTH AND WELLBEING**



MEETING SUMMARY

**Wednesday, February 19, 2020
6:00 PM**

**Lee's Summit City Hall
220 SE Green Street
Howard A & B Conference Rooms
Lee's Summit, MO 64063**



Attendees:

City Council: Mayor Baird (Councilmember Faith "Absent")

City: Christal Weber, Travis Forbes, Victoria Nelson (Joe Snook and Arby Todd "Absent")

Community Partners: Jennifer Craig, Vanessa Workcuff, Monica Humbard, Rachel Segobia, Terri Beard (Matt Sanning "Absent")

Citizens: Robin Todd, Karen Schuler, Dr. Ed Kraemer, Scott Knoche, Cynthia Jackson, Ryan Waters, Mike Gempeler, Cathy Young, Kim Radford, Dr. Kirk Opdahl (Jake Edwards, Matt Silvers, Bill Birmingham, Cara McElhaney "Absent")

Also Present: Patty Gentrup (Facilitator) and Stacy Lombardo (Recorder)

The desired outcome of this critical success factor is to *support a healthy, happy community by improving health lifestyle choices and opportunities.*

This team's objectives are:

1. Develop mental health well being
2. Develop and support community fitness opportunities
3. Foster Lee's Summit's unique spirit of community and culture of caring

The facilitator, Patty Gentrup with the KU Public Management Center, provided a quick review of the agenda and asked everyone to introduce themselves and say one word that best describes Lee's Summit after the first three years implementing the *Ignite!* Strategic plan.

Ms. Gentrup then went over the ground rules for respectful discussion and gave an overview of the process.

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January 15, 2020: Preliminary Identification of Strategies
February 19, 2020: Strategy Refinement and Prioritization
April 15, 2020: Strategy Review and Recommendation
May 2020 (TBD): C4 Teams Review of Plan
May 26, 2020: City Council Presentation

The committee reviewed the strategies they had identified at their first meeting and discussed suggested changes and clarifications. They then prioritized the strategies for each objective by choosing their top three by anonymous electronic vote. The results were:

Objective 1: Develop mental health wellbeing

1. 16% - Implement a community wide suicide prevention program
2. 12% - Train all partners in trauma informed care
3. 8% - Encourage well being developed through exercise
4. 10% - Develop a community mental health first aid program
5. 14% - Create a network of nonprofit, faith-based and educational organizations
6. 8% - Work with early childhood health care and educational providers to support mental initiatives
7. 6% - Establish a co-responder program within the City's public safety departments
8. 4% - Promote the Chamber of Commerce's Eight Dimensions of Wellness initiative
9. 18% - Develop a comprehensive mental health awareness campaign
10. 6% - Identify ways to expand mental health resources and access to them

Objective 2: Develop and support community fitness opportunities

1. 19% - Update and implement Livable Streets program
2. 16% - Implement parks greenway master plan (walking/biking trails, sidewalks)
3. 30% - Establish a community health/wellness activity and education program in coordination with existing boards such as the Health Education Advisory Board, Livable Streets Advisory Board, Building a Healthier Jackson County
4. 35% - Establish partnerships to increase access and inclusion to fitness and recreation opportunities for those 0-18 years of age, low income and those with disabilities

Objective 3: Foster Lee's Summit's unique spirit of community and culture of caring

1. 5% - Establish a database to coordinate resources
2. 21% - Celebrate and share our values through programs such as the Community of Character program
3. 7% - Celebrate volunteers
4. 25% - Focus on diversity, equity and inclusion in all aspects of community: We are more alike than different
5. 11% - Establish programs to encourage being "a good neighbor"
6. 32% - Develop programs that encourage community and recognize our common interests

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The facilitator made a list of the top three strategies from each objective and the committee voted electronically to determine the overall top three. The results were:

1. 16% - Develop a comprehensive mental health awareness campaign
2. 5% - Implement a community wide suicide prevention program
3. 12% - Create a network of nonprofit, faith-based and educational organizations
4. 9% - Establish partnerships to increase access and inclusion to fitness and recreation opportunities for those 0-18 years of age, low income and those with disabilities
5. 21% - Establish a community health/wellness activity and education program in coordination with existing boards such as the Health Education Advisory Board, Livable Streets Advisory Board, Building a Healthier Jackson County
6. 4% - Update and implement Livable Streets program
7. 12% - Develop programs that encourage community and recognize our common interests
7. 14% - Focus on diversity, equity and inclusion in all aspects of community: We are more alike than different
8. 7% - Celebrate and share our values through programs such as the Community of Character program

Ms. Gentrup stated that the next meeting is April 15, 2020.

ADJOURN: This meeting adjourned at 8:09 p.m.